

# Higher and Advanced Obstetrics for Imperial Trainees



Chelsea and Westminster Hospital and  
West Middlesex University Hospital

Two award winning hospitals managed by  
Chelsea and Westminster Hospital NHS  
Foundation Trust



APPGM Joint Winner (Multidisciplinary Team of the Year Award 2014)



UNICEF Baby Friendly award 2015 – 1<sup>st</sup> London unit to receive the award



Chelsea and Westminster Hospital NHS Foundation Trust is combined with West Middlesex University Hospital NHS Trust and together the maternity units are responsible for 11,000 deliveries per year, making it the busiest combined unit in London. It is an award-winning unit and was the first maternity unit in London to win UNICEF baby-friendly accreditation.

The Queen Mary Maternity Unit at West Middlesex University Hospital is a busy maternity unit with over 5,000 deliveries per year. The unit comprises a Labour Ward with 8 suites and a Natural Birth Centre

providing an additional 4 rooms. There are two maternity operating theatres, a recovery bay with 4 beds and an acute observation ward with 2 beds.

There is an Elective Caesarean section list each day during the week that is supervised by a Consultant Obstetric Anaesthetist. The department has 6 Consultant Anaesthetists that have a special interest in Obstetric Anaesthesia.

The unit additionally has either a second Consultant Anaesthetist or experienced staff or associate specialist doctor (SAS) available for regional anaesthesia, emergencies and postnatal responsibilities.

The clinical work is high-volume and complex, providing excellent training opportunities for those wishing to develop an interest in obstetric anaesthesia. Opportunities to attend cardiac antenatal clinics at Chelsea and Westminster are available, and there are regular high-risk clinics at West Middlesex hospital run by Consultant Anaesthetists.



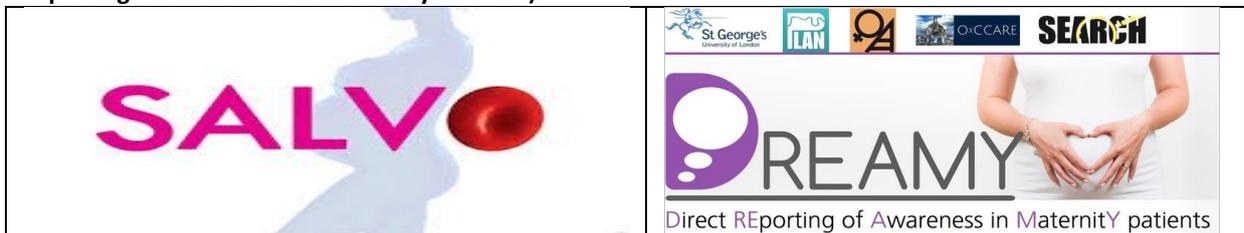
Simulation training in obstetrics



ROTEM is used on WMUH labour ward to guide management of MOH

There are regular meetings each week for Risk Management, multidisciplinary Labour Ward forums each month and bi-monthly obstetric and anaesthetic Morbidity and Mortality meetings. There are numerous active audit and research initiatives at the moment.

The most recent research initiative in 2017 is the unit's involvement in the DREAMY research project (Direct Reporting of Awareness in Maternity Patients).



Higher obstetric placements are available to trainees – this involves a minimum of 20 sessions with appropriate supervision for sign-off. Advanced obstetric placements are from between 3 and 6 months and are designed for trainees wishing to pursue a sub-specialty interest in obstetrics. The placements are recognised for training by Imperial School of Anaesthesia.

Please contact Dr. Dominika Dabrowska who is Modules Supervisor for more information:

[Dominika.Dabrowska@chelwest.nhs.uk](mailto:Dominika.Dabrowska@chelwest.nhs.uk)